

# NILTON MENDES CABRAL

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## EDUCATION

### BRIDGEWATER STATE UNIVERSITY, BRIDGEWATER, MA

Bachelor of Arts Degree in Communication: Film and Video Arts Production December 2024

Associated Degree in Communication

Honors: Overall GPA: 3.598; Major GPA: 3.670; Achieved Dean's List Spring 2023, Fall 2023, and Spring 2024.

Fall 2024 Award: Outstanding Achievement in Writing or Research by Department of Communication, Bridgewater State University.

## RELATED COURSEWORK

- Adobe Photoshop, Adobe Premiere, Adobe Lightroom, Canvas, DaVinci Resolve, Basic HTML, Microsoft Word, Excel, PowerPoint, Facebook, Instagram, Twitter, LinkedIn, X.

## CERTIFICATION

- Massachusetts Medication Administration License (2024).
- CPR (2024).

## RELEVANT EXPERIENCE

### FILM PRODUCTION "THE BLACK WILL, BRIDGEWATER, MA

*Director, Director of Photography, Camera Operator, and Screenwriter* April 2024

- Oversaw various aspects of production, including, budgeting and resource allocation.
- Worked closely with actors to bring characters to life.
- Visualized conceptualization and execution such as lightning, framing, and camera movements.
- Chose the appropriate lens for each shot, set up, and adjust lighting equipment to achieve the desired look.
- Wrote compelling stories in a format suitable for film production.
- Created compelling characters that move the story forward.

### FILM PRODUCTION "THE DREAMER", BRIDGEWATER, MA

*Director, Director of Photography, Camera Operator, and Screenwriter.* April 2024

- Supervised multiple facets of production, encompassing budget management and resource allocation.
- Collaborated closely with actors to imbue characters with depth and authenticity.

- Created visual conceptualization and execution, including lighting design, framing, and choreography of camera movements.
- Selected suitable lenses for each shot and meticulously configure lighting equipment to realize the desired aesthetic.
- Crafted engaging narratives tailored for cinematic adaptation.
- Developed dynamic characters pivotal to the narrative's progression.

## **PHOTO PRODUCTION “PORTRAITS, LANDSCAPES, ABSTRACTS” - BOSTON, MA**

*Photographer*

April 2024

- Collaborated with models and/or talents to create stunning photos.
- Worked with camera Sony A7IV and Sony A7SIII to capture images.
- Used post-processing software such as Adobe Lightroom and Photoshop for photos.
- Customized several techniques such as composition principles, including the rule of thirds and framing to create concept and abstract photos.
- Worked with lighting techniques for both natural and artificial environments.
- Detail-oriented approach for directing subjects and collaborating with clients.

## **SOS CHILDREN’S VILLAGES, SANTIAGO – CABO VERDE**

*National Communication Manager*

July 2011 – August 2013

- Drafted press releases and media advisories for media outlets.
- Created content on social media to drive followers to the website and blog.
- Wrote short for the internal newsletter and yearly magazine.
- Participated in SOS Children’s Villages Annual Night Event.
- Assisted in translating documents from Portuguese to English and French.
- Solved all major communication issues.
- Served as an interpreter for international partners.
- Implemented alignment in all internal and external documents.

## **EUGENIO TAVARES HIGH SCHOOL, BRAVA – CABO VERDE**

*Teacher*

November 2008 – September 2011

- Taught Portuguese as a second language in grades 8-10 for classes of up to 30 students.
- Prepared lesson plans for thematic units on colors, numbers, family, school objects, and nature.
- Utilized poetry and songs to teach Portuguese vocabulary.
- Helped students with assignments and provided feedback.
- Assessed students with learning disabilities to provide oriented instructions.

**LANGUAGE SKILLS**

- Languages: Fluent in Portuguese, Cape Verdean, and English.
- Detail-oriented approach to ensure high-quality images.